



Descubre
Vive, Sueña



Natural Program
5 days / 4 nights

DAY 01: IQUITOS – CAPINURÍ LODGE

- ✚ Pick up from the airport according to the schedule of your flight or your hotel in the city of Iquitos.
- ✚ **NANAY.** Transfer to the Bellavista Nanay Tourist Pier, during the tour you will be given a brief orientation through the city of Iquitos, observing the main tourist places of this thriving and historic city in eastern Peru that in the 19th century became a small town. further. important river port in the Amazon.
Arrival at the Bellavista Nanay Tourist Pier, where we will take a tour of approximately 10 to 15 minutes, before getting on the boat and learning a little about the gastronomy of the jungle, here we can appreciate the typical dishes of the area and taste them if you wish. Next we begin **navigation along the largest river in the world and one of the 7 Natural Wonders of the World, the Amazon River**, aboard comfortable and safe typical boats. The trip along the Amazon River will allow you to appreciate a wonderful panorama in which the magnificence of the river makes its way through the exuberance of the jungle, travel time approximately 1:30 hrs.
As the first stop during our navigation we will stop to appreciate the union of the Amazon and Nanay rivers and see the change in the color of the waters.
- ✚ **CAPINURI LODGE.** We will arrive at the lodge where there will be a short explanation about the rules that govern the sustainability of the lodge and its environment, allowing you to better understand the ways to make your stay more rewarding.
- ✚ **MONKEY ISLAND.** Continuing our navigation through the Amazon, we will enter a ravine to visit the monkeys in their natural habitat, upon arrival we will be greeted by the different ones: Woolly monkey, titi monkey, spider monkey or maquisapa.), among other species of monkeys that live in this place where we can learn from each one of them, feed them, play and take photos with them and all in their natural habitat!!
- ✚ **SPOTTING OF GRAY OR PINK DOLPHINS DURING THE JOURNEY**
- ✚ **PIRANHA FISHING** After that activity we get ready to undertake the Artisanal Fishing tour, here the guide will guide us on the local fishing techniques for piranhas or other species with the same material that the man of the jungle uses for subsistence purposes. (We can taste the fish)
- ✚ **LUNCH**
- ✚ **BATHING IN THE AMAZON RIVER** After having appreciated the beautiful fauna within the reserve, we got ready to then head to enjoy the fresh waters of the Amazon River and swim very close to the pink dolphins.
- ✚ **DINNER**
- ✚ **NIGHT EXCURSION.** Your guide will tell you when the walking tour will begin that will take you to discover the mysterious world of nocturnal insects, cicadas, spiders, praying mantises, snakes, giant toads, among others.
- ✚ **STAYING IN OUR BASE CAMP**



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DAY 02: AMAZON RIVER ADVENTURE

- + **AMAZON SUNRISE.** Observation of this and exotic birds: During the early hours of the morning, it is the right time to observe many of the species of birds that feed on the banks of the river, as well as see the majestic sunrise at the national reserve that gives way to a new day.
 - + **BREAKFAST AT THE BASE CAMP**
 - + **SANTA MARIA DE FATIMA.** After breakfast we will prepare for our trip to the Santa María de Fátima community, a small town of approximately 200 people near the Amazon River. They develop an ecotourism project and built a 15-meter wooden tower, in the middle of the jungle, to enjoy the landscape and observe different species of birds in El Garzal. Navigation on the Amazon River towards Santa María de Fátima. Approximately 30 minutes of motorboat travel.
 - + **JUNGLE EXCURSION.** We get ready to take a botanical walk to learn about the main trees and medicinal plants that exist in the Amazon, many of them with healing properties and others with certain mysticisms, our guide will explain each of them to us until we reach the heron.
 - + **VIEWER.** We will climb the 3-story wooden tower (15 meters) to enjoy the landscape and observe birds and animals.
- fruits to keep us energized. We will carry out a canoe expedition, advancing slowly through the dense vegetation of El Garzal. Here we can find the Shansho (Hoatzin), a prehistoric Amazonian bird, and different species of herons such as the snowy egret, the white boat billed heron, the brown boat billed heron, among other. During the day we will eat fruits to stay energized
- + **NIGHT NAVIGATION** We will navigate the Pucate River, we will go out in a canoe to go in search of alligators for observation and we will learn about the life of each of these species and their main role in nature, we will also observe fireflies, and enjoy the night sound of the Amazon jungle
 - + **DINNER**
 - + **OVERNIGHT IN OUR LODGE**





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DIA 03 : YANAYACU RESERVE

- ✚ **BREAKFAST**
- ✚ **CAMPING (OPTIONAL)** We will pack our camping equipment and walk to the San Juan de Huashalado community. From there we will begin our boat trip to the Yanayacu River basin. We will tour this beautiful ecosystem and immerse ourselves in the "Jungle of Mirrors" (named after the clear reflection of the water). We will take a walk in the "Kingdom of Giant Trees", and if we stay attentive and observe carefully and patiently, we will be able to observe some animals in their natural habitat such as sloths, monkeys, lizards and birds. Here we will also observe the Lupuna (ceiba pentandra), the largest tree species in the Amazon rainforest.
- ✚ **LUNCH ON BOARD**
- ✚ **JUNGLE EXCURSION ON SECONDARY JUNGLE.** Walk in the jungle for approximately 1 hour and a half, going deeper and heading towards the Yahua cocha lagoon. Along the way we will be able to see different species of monkeys in the trees around us.
- ✚ **GIANT TREE OF THE AMAZON.** Our goal is to reach the giant tree where we can make our wish to Mother Nature under the feet of the Lupuna tree. Where we will hug the tree and also where nature will transmit pure energy to us and we will emerge renewed. We can also swing on the beautiful vines that come down from the giant tree and have a little fun before returning to the Lodge.
- ✚ **CANOE EXPLORATION.** We will explore by canoe, enjoying the landscape and observing birds such as herons, tibes, among others. In Yahua cocha we can try our luck fishing, if you wish. Here we can find Acarahuazu (Oscar fish), Fasaco (Common trahira), Tucunare (Peacock cichlid), among others.
- ✚ **YANAYACU BASE CAMP.** We will explore by canoe, enjoying the landscape and observing birds such as herons, tibes, among others. In Yahua cocha we can try our luck fishing, if you wish. Here we can find Acarahuazu (Oscar fish), Fasaco (Common trahira), Tucunare (Peacock cichlid), among others.
- ✚ **DINNER**
- ✚ **OVERNIGHT IN THE CAMP**





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DAY 04: YANAYACU RESERVE

- ✚ **AMAZON SUNRISE BY CANOE** Awaken your senses with a morning canoe expedition, feeling the relaxing smell of the Amazon rainforest welcoming you to the day that has just begun.
- ✚ **BREAKFAST AT THE CAMP**
- ✚ **EXPLORATION INSIDE YANAYACU.** Once energized we will begin a paddling adventure, enjoying the landscapes, in the same way that some locals do.
- ✚ **ARTISAN FISHING IN THE RESERVE** It will be time to put into practice what you learned about fishing during the first days. We will go artisanal fishing. The guide will teach you and assist you with some local fishing techniques
- ✚ **LUNCH**
- ✚ **EXPLORATION ON FOOT IN THE YANAYACU.** Walk to the deep areas of the Yanayacu basin. On this walk we will have the opportunity to explore and learn about ethnobotany, wildlife that we find. While we explore the Yanayacu basin we will learn how to orient ourselves in the jungle. The guide will teach you some basic survival skills in the Amazon jungle, what you can do if you get lost, how to recognize edible plants, how to find water inside plants, among other practical information.
- ✚ **RETURN TO THE LODGE IN THE AMAZON** When we return from our walk through the jungle we will pack our things and get ready to sail by motor boat back to the lodge. Boat navigation on the Amazon River back to the lodge.
- ✚ Dinner at the lodge





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DAY 5: RETURN

✚ **BREAKFAST AT THE LODGE**

✚ **ETHNOBOTANICAL WALK** in the jungle to learn about Amazonian plants and their relationship with the people who live here. We will also learn about Amazonian medicinal plants.

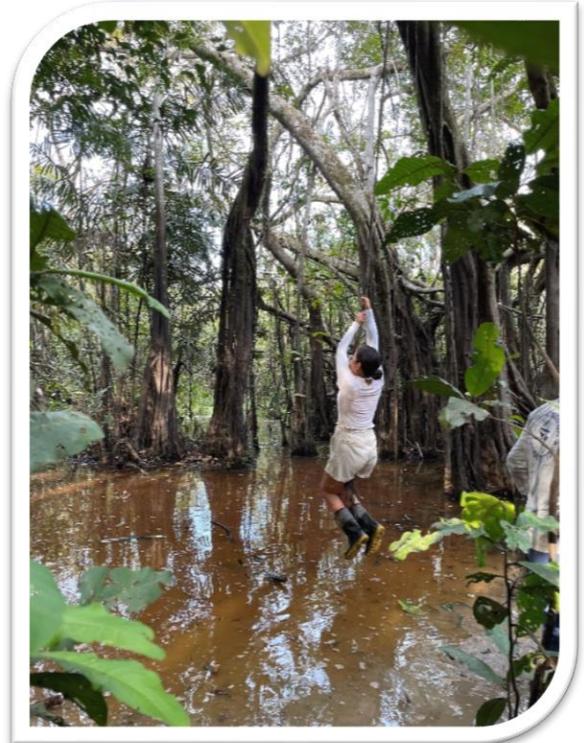
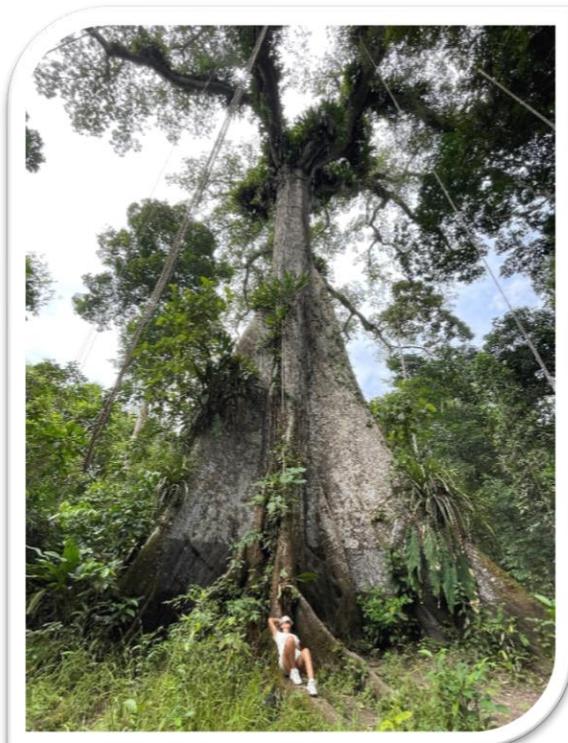
✚ **LUNCH**

✚ **YAGUAS TRIBE** Afterwards we will visit the “Yaguas Native Community” whose ancestors were discovered by Francisco de Orellana in his first exploration of the Amazon in 1541. This visit will allow you to learn about their ancestral customs, appreciate their original palm fiber clothing and even test your marksmanship. with the “pucuna” (blowgun) that the Yaguas used for centuries for hunting

✚ At the appropriate time, we will take our boat to go to Iquitos

✚ Arrival in Nanay and transfers to the city center

✚ End of our services

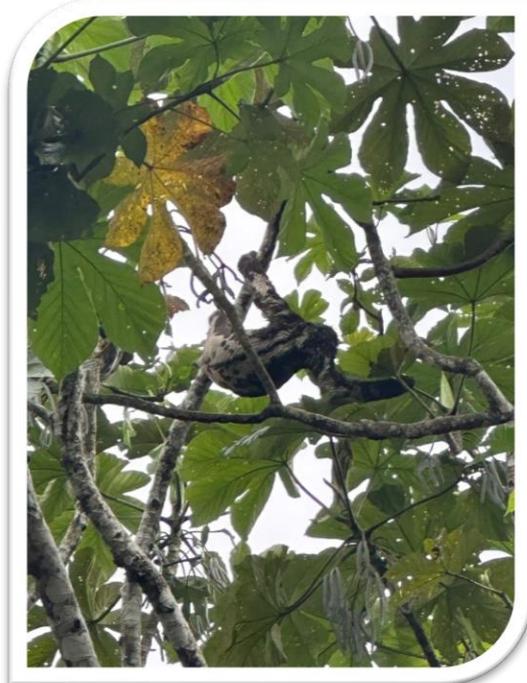
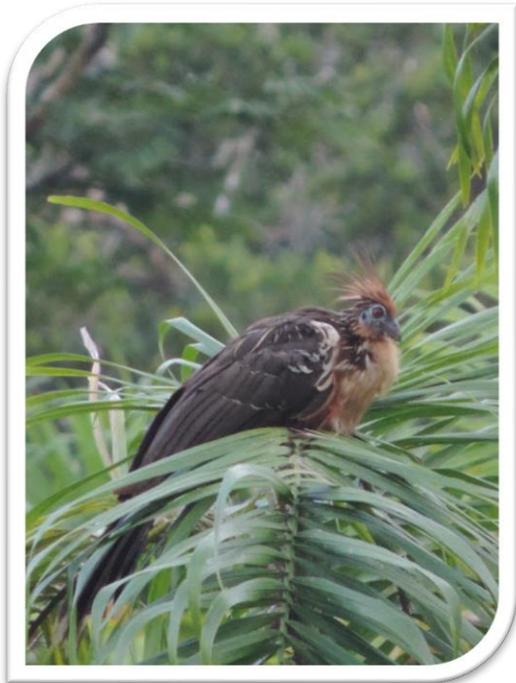




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IQUITOS - PERU

Camino a la aventura

Oficina Principal: Samanez Ocampo # 264 – Iquitos / Celular: 958992798 / 931903229

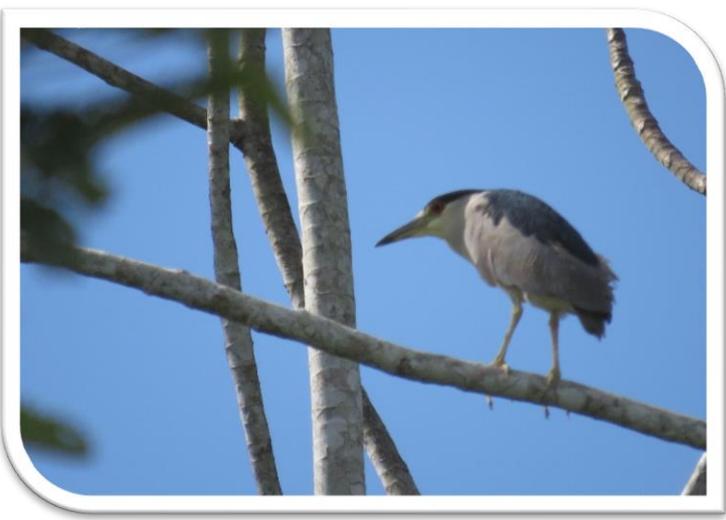
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THIS PACKAGE INCLUDES:

- ✚ Transfers airport or hotel / hostel / airport or hotel (land and river)
- ✚ 02 night accommodation in our cabins in the lodge
- ✚ 02 night accommodation in our tents in the Yanayacu reserve
- ✚ All meals during your stay at the Jungle Lodge (Breakfast, lunch, dinner)
- ✚ Excursions as detailed in the program
- ✚ Tickets to the different circuits described in the program
- ✚ Guide in English or Spanish
- ✚ Optional rubber boots for walking in the rain

OUR SERVICES DONT INCLUDE:

- ✚ Airplane tickets
- ✚ Airport taxes
- ✚ Tips
- ✚ Laundry
- ✚ Drinks at the bar.

WHAT TO BRING TO THE JUNGLE?

We recommend that when coming to the jungle you consider bringing the following:

- ✚ Long-sleeve lightweight cotton pants and shirts
- ✚ Bermuda shorts or thin shorts
- ✚ Cotton polo shirts or short-sleeved T-shirts
- ✚ Sunscreen
- ✚ Cap with visor or light hat
- ✚ Camera and/or video recorder with rechargeable battery, binoculars, personal flashlight
- ✚ Mosquito repellent lotion or cream (OFF!)
- ✚ Poncho or lightweight waterproof jacket
- ✚ Comfortable sneakers or booties for walking
- ✚ Swimwear

GOOD TRIP...ENJOY IT!!!

* The order of some activities may vary due to operational or weather situations