



Descubre Vive, Sueña



Kukama Program 5 Days /4 Nights

DAY 01: IQUITOS – CAPINURI LODGE



✚ Pick up from the airport according to the schedule of your flight or your hotel in the city of Iquitos.
✚ **NANAY.** Transfer to the Bellavista Nanay Tourist Pier, during the tour you will be given a brief orientation through the city of Iquitos, observing the main tourist places of this thriving and historic city in eastern Peru that in the 19th century went from being a small town to the largest. important river port in the Amazon.

✚ Arrival at the Bellavista Nanay Tourist Pier, where we will take a tour of approximately 10 to 15 minutes, before getting on the boat and learning a little about the gastronomy of the jungle, here we can appreciate the typical dishes of the area and taste them if you wish. Next we begin navigation along the largest river in the world and one of the 7 Natural Wonders of the World, the Amazon River, aboard comfortable and safe typical boats. The trip along the Amazon River will allow you to appreciate a wonderful panorama in which the magnificence of the river makes its way through the exuberance of the jungle, travel time approximately 1:30 hrs.

✚ **SIGHTING OF GRAY OR PINK DOLPHINS DURING THE JOURNEY**

✚ **KUKAMAS TRIBE** We will visit and dance with them, as they have been guardians of the region's biodiversity, using their deep knowledge of plants and natural medicine to survive in this challenging environment. Furthermore, its rich oral tradition has transmitted stories and myths that explain its origin and its relationship with nature.

✚ **MONKEY ISLAND - NEYSER.** Continuing our navigation through the Amazon, we will enter a ravine to visit the monkeys in their natural habitat. Upon arrival we will be welcomed by the different species of monkeys that live in this place where we can learn from each one of them, feed them, play and take photos with them.... and in its natural habitat!!! Continuing navigation, we will go to our lodge.

✚ **CAPINURI LODGE.** We will arrive at the lodge where there will be a short explanation about the rules that govern the sustainability of the lodge and its environment, allowing you to better understand the ways to make your stay more rewarding. After Lunch, your accommodation will be arranged according to the type of bungalows selected.

✚ **LUNCH** Typical self-service (if you are vegetarian, inform in advance).

✚ **SWIMMING IN THE AMAZON RIVER** After lunch we will have a break of about 30 minutes and then go to enjoy the fresh waters of the Amazon River and enjoy its beaches and do the flowering bath in the black mud.

✚ **AMAZON SUNSET** Observation of the beautiful over the Amazon (depending on weather conditions) as well as observing pink dolphins (depending on season)

✚ **DINNER**

✚ **NIGHT JUNGLE EXCURSION.** Your guide will tell you when the walking tour will begin that will take you to discover the mysterious world of nocturnal insects, cicadas, spiders, praying mantises, snakes, giant toads, among others.

✚ **OVERNIGHT AT THE LODGE IN THE JUNGLE**

Camino a la aventura

IQUITOS - PERU

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DAY 2: CAPINURÍ LODGE



✚ **AMAZON SUNRISE.** Observation of this and exotic birds: During the early hours of the morning, it is the right time to observe many of the species of birds that feed on the banks of the river, as well as see the majestic sunrise in the Amazo Nas that gives way to a new day.

✚ **BREAKFAST AT THE LODGE**

✚ **RESCUE CENTER - AMAZON RIVER.** We will head to this Wildlife Rescue Center, where we can observe and interact with some of the varieties of wild animals, such as sloth bears, macaws, toucans, boa constrictors and turtles. It will be an interesting way to learn to value and respect the typical wildlife of our Amazon.

✚ **AMAZON TRAPICHE.** Tasting of artisanal macerates such as camu camu, the 7 roots and ginger, which provide an opportunity to take advantage of their medicinal properties. These infusions are loaded with health benefits, such as strengthening the immune system thanks to the vitamin C of camu camu, improving digestion and promoting vitality with the 7 roots, and relieving digestive discomfort and nausea with ginger. enjoying a double pleasure: the unique flavor of the Amazon and taking care of your well-being

✚ **PIRANHA FISHING** After enjoying breakfast we get ready to embark on the Artisanal Fishing tour, here the guide will guide us on the local fishing techniques for piranhas or other species with the same material that the man of the jungle uses for subsistence purposes.

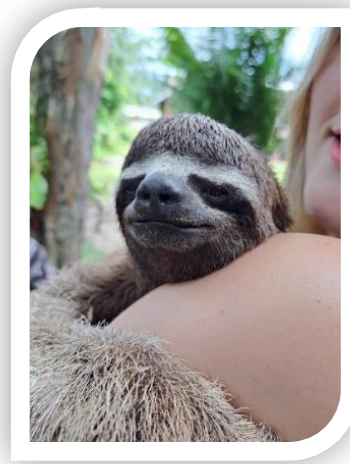
✚ **LUNCH**

✚ **RELAXATION IN THE POOL** Immersing yourself in its refreshing waters provides an immediate feeling of stress relief. The soft murmur of the water and the warm sun caressing the skin create a perfect environment to disconnect and recharge your batteries. Whether floating carefree or swimming peacefully.

✚ **DINNER**

✚ **NIGHT CANOEING** Night canoe navigation, we will go out by canoe to go in search of the alligators to capture and we will learn the life of the alligators, their main role in nature and then we will release them

✚ **RETURN TO THE LODGE TO REST**



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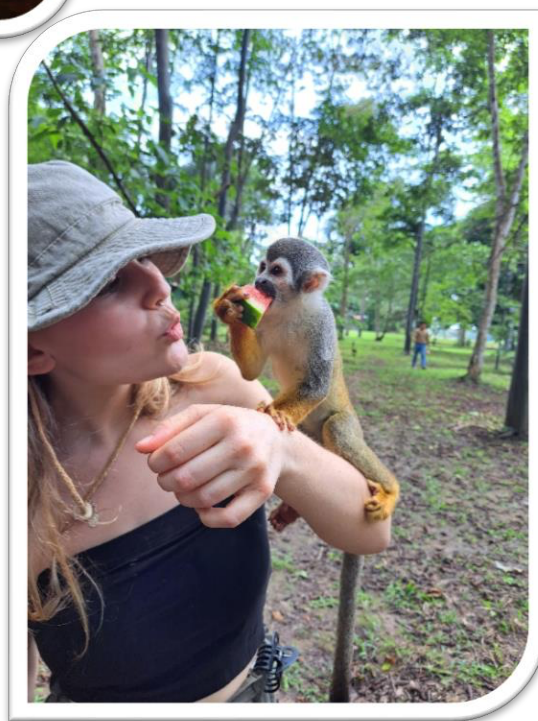
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DAY 3: CAPINURÍ LODGE – JUNGLE EXPLORATION

- Breakfast at the lodge

BOTANICAL WALK After breakfast we will prepare to take a botanical walk to learn about the main trees and medicinal plants that exist in the Amazon, many of them with healing properties and others with certain mysticisms, our guide will explain each of them to us.

NAVIGATION ON THE YANAYACU RIVER. We will embark on the peque peque boat to navigate the Yanayacu, this remote corner of the jungle is home to amazing biodiversity, with lush forests, meandering rivers and a variety of unique wildlife..

GIANT TREE. Our goal is to reach the giant tree where we can make our wish to Mother Nature under the feet of the Lupuna tree.

We can also swing on the beautiful vines that come down from the giant tree and have a little fun before returning to the Lodge.

YAGUAS TRIBE Then we will visit the “Yaguas Native Community” whose ancestors were discovered by Francisco de Orellana in his first exploration of the Amazon in 1541. This visit will allow you to learn about their ancestral customs, appreciate their original clothing made of palm fibers and even test your aim with the “pucuna” (blowgun) that the Yaguas used for centuries for hunting

ARRIVAL AT THE LODGE AND LUNCH.

VISIT A RIVER VILLAGE. After lunch, our guide will tell us the exact time to start our new activity and we will go out to visit the town of Fátima where we will be able to learn a little more about this riverside town on the banks of the Amazon River.

DINNER

AMAZONIAN TAILS. At night we will have stories about Amazonian myths, tales and legends, these stories are an integral part of the local identity of Loreto such as: (Yacuruna, Sachamama, Chullachaqui)

SLEEP AT THE LODGE



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DAY 04: CAPINURÍ LODGE

✚ Breakfast in the lodge

✚ **BUTTERFLY SANCTUARY.** After breakfast we will head to the San Rafael butterfly farm, which is a rural community. In the butterfly farm we will learn about different species of butterflies. It is a truly magical place that immerses you in the ephemeral beauty of butterflies. This captivating butterfly sanctuary is a hidden gem that offers a unique experience in the middle of nature. Through interactive exhibits and expert guidance, you will learn about the life cycle of butterflies, their importance in the ecosystem, and the conservation efforts that are carried out.

✚ **LUNCH**

✚ In the afternoon we will have another excursion into the jungle in another excursion into the jungle in a medicine. Another protected natural area. We will learn about medicinal and ornamental plants. Where the guide will explain and teach you about the secrets of the jungle, tasting some fruits or barks that are used as alternative medicine.

✚ Dinner



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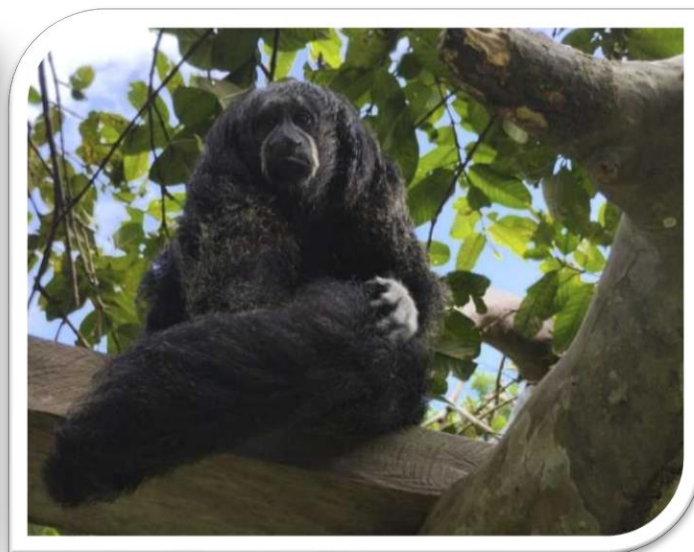
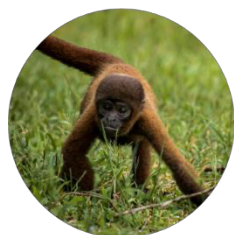
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Day 05: CAPINURÍ LODGE

- ✚ Breakfast at the lodge
- ✚ **MONKEY ISLAND 2**, After breakfast we prepare to go to Monkey Island, an entertaining and fun place where we can see different species of monkeys in their natural habitat, we will learn about each of the species that exist in this place, how to take care of them, interact with them, more than 5 varieties of monkeys and some in danger of extinction.
- ✚ Arrival at the Lodge and Lunch.
- ✚ At the appropriate time we will take our boat to return to the city of Iquitos.
- ✚ Transfer to the Plaza de Armas in Iquitos
- ✚ End of our services



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PACKAGE INCLUDED:

- ✚ Airport or hotel transfers / Lodge to your hostel (Land and River)
- ✚ 4 night at our lodge in the Jungle
- ✚ All meals during your stay (1st day: Lunch and dinner, 2nd day Breakfast, lunch and dinner, 3rd Day Breakfast, lunch and Dinner 4th Day Breakfast, Lunch and Dinner 5th Day: Brakfast and Lunch)
- ✚ Excursions as detailed in the program
- ✚ Entrance to the different circuits described in the program
- ✚ Guide in English or Spanish
- ✚ Optional rubber boots for walking in the rain

OUR SERVICES DO NOT INCLUDE:

- ✚ 1st Day Breakfast
- ✚ Flight tickets
- ✚ Souvenirs
- ✚ Airport Taxes
- ✚ Tips
- ✚ Laundry
- ✚ Drinks at the bar

¿WHAT TO BRING TO THE JUNGLE?

We recommend that when coming to the jungle you consider bringing the following:

- ✚ Long-sleeve lightweight cotton pants and shirts
- ✚ Bermuda shorts or thin shorts
- ✚ Cotton polo shirts or short-sleeved T-shirts
- ✚ sun block
- ✚ Cap with visor or light hat
- ✚ Camera and/or video recorder with rechargeable battery, binoculars, personal flashlight
- ✚ Mosquito repellent lotion or cream (OFF!)
- ✚ Poncho or lightweight waterproof jacket
- ✚ Comfortable sneakers or booties for walking
- ✚ swimwear

GOOD TRIP...ENJOY IT!!!

*** The order of some activities may vary due to operational or climatic situations**

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